



Get Your College Team Involved With GUM!

Why?

- Because we need more girls playing ultimate!
- Recruit the next generation of college superstars for your team.
- Meet the requirements for the ACE Program.
- Connect with your local disc organization, local volunteers, and USA Ultimate- You never know when you might need help!



How Do We Get Started?

1. Pick an age group - elementary, middle or high school
2. Decide how much time you have - 2 hours for a one time clinic after your home tournament? Time for a multi-week series of clinics?
3. Find a location - book fields through your university or reach out to your local disc organization for help finding fields.
4. Promote! Ask your local disc organization for ideas, reach out to the Girls' National Outreach Director for ideas and connections in the outreach world, girlsoutreachdirector@usultimate.org or sarah@hq.usultimate.org