



## Become a Girls' Outreach Coordinator!

### What?

- GOCs work on the state or local level to create more playing opportunities for girls ultimate.
- It's a volunteer role that both runs programming and helps other organizers put on top-quality events.

### Why?

- Because we need more girls playing ultimate!
- Receive a free annual membership, background check and sweet Five Ultimate Daywalker.
- Have direct access to resources like equipment, programming, and curriculum.
- Connect with USAU staff & other volunteers around the country!

### How?

Email USA Ultimate Coordinator of Youth & Education Programs Sarah Powers - [sarah@hq.usultimate.org](mailto:sarah@hq.usultimate.org) and Girls' National Outreach Director Gail - [girlsoutreachdirector@usultimate.org](mailto:girlsoutreachdirector@usultimate.org)

### Ideas for what you could do:

- Run clinics
- Pass out a GUM kit
- Start a girls' league
- Develop middle or high school teams
- Partner with a local organization to run the GUM Middle School leadership program
- Recruit GUM club ambassadors and volunteers
- Spread the word about GUM!

